

LA VERITÀ DANCE COMPANY

ALEX KROS | NATASA FRANTZI



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ABOUT US

In 2011 Alex Kros (Alex Kyriakoulis) and Natasa Frantzi, driven by their need to share their own messages through contemporary dance, they decided to found "La Verità Dance Company" in Belgium. Their creations are multidisciplinary, using movement as main means of expression and communication, mixing with other artistic forms such as architecture, video mapping and light installations, in order to achieve a cinematic result on stage.

Each creation is identified and characterized by a particular body language where the dramaturgy is the main source that generates different qualities of the interpretation. Both choreographers focus on the physicality of every movement beyond the aesthetic level, willing to achieve a deeper and a more essential approach.

Their performances addressed a wide range of audience, willing to touch, connect and increase awareness provoking reflections around socio-existential issues.

Awards

First Prize "Les Lendemain qui Dansent" (FR) 2015

Nominations

La Grande Scène / Petites Scènes Ouvertes (FR) 2019

RIDCC (NL) 2019

Berner Tanz Preise (CH) 2014

No Ballet Choreographic Competition (DE) 2013

Machol Shalem International Choreographic Competition (IL) 2013



LA VERITÀ DANCE COMPANY

The beginning

The idea of La Verità Dance Company was born in Greece with their first creation Zero where the reactions were tremendously positive by various festivals in Athens, Paris, Prague, Cyprus, Germany, Luxembourg and Brussels while receiving particular reviews for the quality of the work on physical and aesthetical level.

On the pretext of the invitation by the cultural center "Carthago Delenda Est" in Brussels for a creative residency in 2011, La Verità was founded in Belgium and began its artistic journey. The official debut of the company was the creation of "Behind the Body" with an exceptional tour for the next 5 years.

Behind the body

With this creation the work and the vision of the company was introduced into a broad framework globally. In 2015 La Verità won the first prize in the choreographic competition "Les lendemains qui dansent" in France and was also award nominated in the prestigious competitions Berner Tanz Preise (CH), No Ballet Choreographic Competition (DE) and Machol Shalem International Choreographic Competition (IL).

"Behind the body" toured at recognized festivals in Europe such as La Becquée Festival Brest (FR), Feria Internacional De Teatro Y Danza Huesca (SP), Tanzwoche Festival (DE), Trois du Trois festival (LU), Sperimentale Theater Pesaro "Essere Creativo (IT), ProArt Festival (CZ), Tanz Festival, Bielefeld (DE), Voreppe Young Choreographers Festival (FR) and also in Asia at Shacoda Showcase in Seoul (KO).



LA VERITÀ DANCE COMPANY

The continuation

The first prize offered the opportunity to the company to continue in it's next creation "Curriculum Vitae" with the co-production support of Scène Nationale de Dunkerque / Le Bateau Feu (FR), La Barcarolle EPCC (FR) and Choreographisches Centrum Heidelberg (DE). This piece has been presented in big stages such as Salle Dany Boon, La Barcarolle EPCC in France, Culture Centrum De Kollebloem in Belgium and in International dance festivals around Europe, Arena Festival (DE), Coastal Currents Art Festival (UK) among others.

Subsequently with the creation of "Ayant deux poles", La Verità was selected by the "Grande Scène" in France to be part of the Petites Scènes Ouvertes platform at Théâtre Arsenal. The same work was also selected by Mouvement Contemporain festival in Paris and was nominated by Rotterdam International Duet Choreography Competition in the Netherlands.

While creating and performing around Europe, company choreographers Alex Kros and Natasa Frantzi are sharing their practises and methods to professional dance schools, conservatoriums, companies, academies and studios. In this educational frame, they collaborated with Le Gymnase CDCN (FR), CCN Roubaix / Ballet du Nord (FR), CND Lyon (FR), Studio Hybrid (BE), Dance Loft Aachen (DE) and many other institutions.



LA VERITÀ DANCE COMPANY

Covid and the steps after

The dandemic of Covid found the company at a very important moment where the production "Omne + Trium = Quatrum" a co-production by Centre Chorégraphique National Roubaix (FR), La Barcarolle EPCC and Choreographisches Centrum Heidelberg (DE), was ready for a european tour and premiere at Korzo Theatre in the Netherlands.

The disruption in the company's tour dates and all cancellations of its activities during this period, was the inspiration for the choreographers to despise these difficulties and manage to continue.

The birth of a new Trilogy, the company's largest project till today.

Trilogy and present

Lacking the possibility to collaborate with other dancers because of Covid, the artistic directors made the decision to begin a solo creation for the first time in their history performed by Natasa Frantzi.

"Under Pressure", the first piece of the trilogy, left remarkable impressions characterizing it as "A contemporary masterpiece which includes a high level of interpretation in extreme quality of movement with cinematic light installations and a masterful abstract decoration".

(by Journalist Isira Makuloluwe / 22.1.23).

This performance has already been presented in various theatres in Belgium, Portugal and Switzerland and continues its journey. Thanks to this work, the company is privileged to benefit for its next two creations of the trilogy, the support of the largest theatre and cultural center in Flanders **"De Singel International Arts Centre"**.



LA VERITÀ

DANCE COMPANY



NATASA FRANTZI

Dancer, choreographer and dance teacher, Natasa Frantzi graduated from the Greek National State School of Dance. Her career as dancer began with the Wrong Movement Dance Company by Konstantin Mihos where she worked for 6 years on creations specialized in improvisation and more specifically in Contact Improvisation, Instant Composition and Inclusive Dance. Natasa continued her journey as member of the Hellenic Dance Company, where she performed repertoires of Ultima-Vez, Richard Alston, Martin Lawrence and as well as with several Greek companies such as Dancers Dance Company and Amalgama Dance Company.

In 2007 she joined the dance company "Unterwegstheater" in Germany under the artistic direction of the choreographer Jai Gonzales. For the next three years, Natasa danced 5 productions with her before she moved to Belgium in 2011 and founded her own company "La Verita Dance Company". Meanwhile she still continued dancing as a freelancer with many companies in Belgium, UK and Germany, Bud Blumenthal (USA/BE), Craig Burgogne (UK), Theater Mobil (DE) among others.

In 2015 with the duo "Behind the body" she won the First Prize for choreography in the competition "Les lendemains qui dansent" (FR).

As a guest choreographer, she has collaborated with companies, theaters, conservatories and professional dance schools such as: Conservatorium Mechelen (BE), Ballet Du Nord / CCN Roubaix (FR), Culturbazaar (DE), Oldenburg Staatstheater (DE), ACTS Ecole de danse contemporain de Paris (FR), Grenzlandtheater (DE), Conservatorium Saint-Omer (FR).

Alongside with her mutual dependence between dancer and choreographer, she is also a teacher of contemporary dance and improvisation for more than 17 years, sharing her knowledge and different influences from her personal experience, giving courses and workshops at various professional schools, conservatories and festivals like: Maraméo (DE), P.A.R.T.S. (BE), Luxembourg Choreographic Creation Center Trois C-L (LU), Tanzwoche (DE), Proart Festival (CZ), Dance Loft (DE), Ballet du Nord/CCN Roubaix (FR), ACTS Contemporary dance school of Paris (FR), Professional school of Rallou Manou (GR), Choros professional school in Athens (GR) and others.

In 2019 she launched her collaboration with Platform-K, a company of disabled dancers in Belgium, and created "Mix and Match", an inclusive dance workshop of improvisation and instant composition open to everyone that wants to experience a non verbal communication through dance. Nowadays with La Verita she continues to create, dance and teach all over the world.

ALEX KROS (Alex Kyriakoulis)

Born in Greece, multidisciplinary artist, choreographer and dance teacher, Alex Kros is trained in dance, visual arts, theater and cinema.

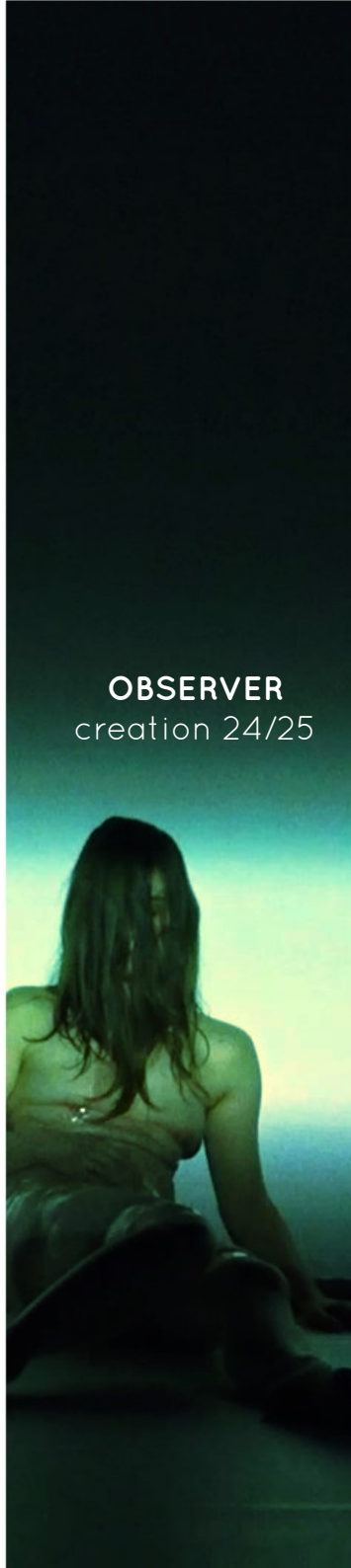
Holding a bachelor's degree in Economics, he studied dance at the Greek National School of Dance (K.S.O.T), Rallou Manou Professional Dance School (GR), and he has a diploma in theater and Direction. He began his artistic career in 1999 as an actor and later as Stand up Comedian by creating his own "one man shows" for several theaters in Greece. After his studies in dance, he performed for various companies in Greece and Belgium where he discovered his passion for choreography. He decided to stop his dancing career early because he wanted to deepen in the research of alternative methods of choreography that were driven from his diverse background. Since then his creations and artistic vision have focused on the creation of multidisciplinary performances integrating dance, visual arts and cinematographic techniques. To this he comes to add the development of his own method of choreography and movement vocabulary focusing in Contemporary Ballet.

In 2011, he founded La Verità dance company in Belgium where he tours his own creations in theaters and festivals around the world. In 2015 with the creation "Behind the body" he won first prize of choreography in the competition "Les lendemains qui dansent" (FR).

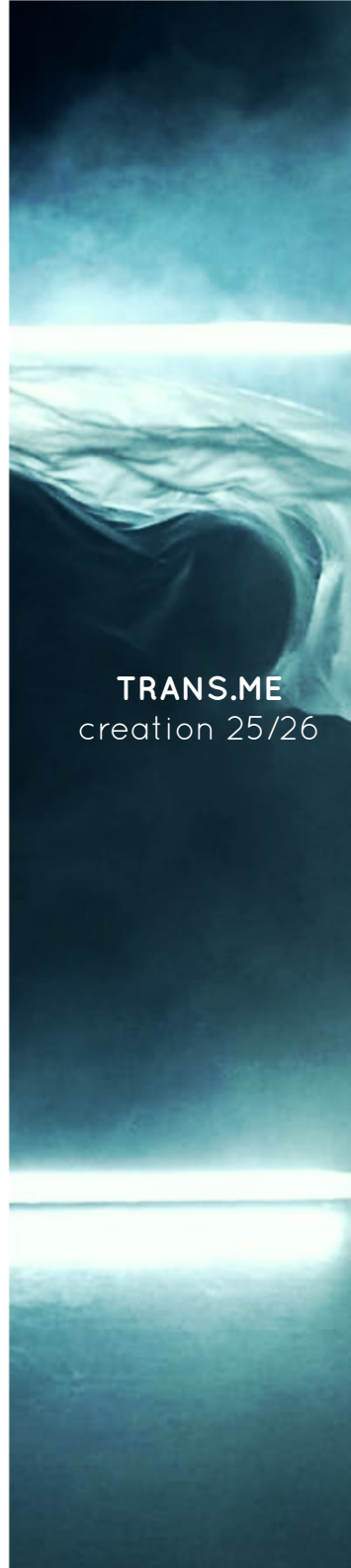
As a guest choreographer he has created choreographies for Bremerhaven Stadttheater (DE), Oldenburg Staatstheater (DE), Greek National Ballet (GR), Koninklijk Ballet School Vlaanderen (BE), Ballet Du Nord / CCN Roubaix (FR), Conservatorium Mechelen (BE). Alongside his choreographic work, he teaches contemporary dance and repertoire to conservatories, professional schools and companies like Balletto di Roma (IT), HJS (NL), Cie Toulalimnaios (DE), CND Lyon (FR), ACTS professional dance school (FR) and others.



UNDER PRESSURE
creation 23/24



OBSERVER
creation 24/25



TRANS.ME
creation 25/26

TRILOGY

Inspired by the current situations and the global crisis in our society, each part of this trilogy analyzes and answers the same question under three different aspects:

What are the impacts of the social pressure on the human being in physical and intellectual perspective as well.

The performer is dealing with several challenges, personal and existential, being in the position to accept, endure and manage the consequences of the past. Every action and decision has determined the existence in this present moment, in a cruel world where the human aspect is slowly disappearing.

This trilogy consists of three solo multidisciplinary performances where the abstract finesse of the scenery, the lighting installations and video mappings enhance the dramaturgy and create an immersive experience for the audience.



OBSERVER

"Observer" elaborates the consequences of information overload on human being. The journey of a person-receiver overwhelmed by a massive volume of external stimulus, incapable of processing them, he becomes a passive spectator, a witness of a reality that attacks him constantly. In this endless brainwash the performer experiences the transition from a state of manifestation to a complete emotional crash.

"Observer" is the person next door, your neighbor, your friend, it's me and you, having the illusion that everything is happening outside our doors stays there, it's all about the others, but at the end even though we don't realise it, the wounds are already there.

Choreography Alex Kros, Natasa Frantzi

Performance Natasa Frantzi

Video (Creation / Mapping)

& Music Composition Dionisis Sidirokastritis

Photos Britt Ryckebosch

Set and Lighting Design Alex Kros

Production La Verità Dance Company (BE)

Co - Production De Singel International Arts Centre (BE)

With the support RADAR (BE)

Video Teaser

<https://vimeo.com/773310653>

DE SINGEL







UNDER PRESSURE

"Under pressure" refers to the oppression of freedom and the loss of personal identity of the human in modern society. A manipulated figure, like a marionette, where the rules and restrictions control its strings without leaving any space for individual expression.

In this chase of social acceptance, the "must" exceed the real desires of the person by limiting his own existence. A blocked body incapable to move freely without any constraints, fighting between his instincts and the reality that hunts each one of his steps, but mainly as a mirror that reflects all these things that the words are not enough to describe.

Choreography Alex Kros, Natasa Frantzi

Performer Natasa Frantzi

Video Creation / Mapping Dionisis Sidirokastritis

Set & Light Design Alex Kros

Photo's by Nuno Borges

Production La Verità Dance Company (BE)

Co-Production Stad Mechelen (BE)

Supported by RADAR (BE), C-Takt (BE), Nona (BE)

Video Teaser

<https://vimeo.com/626703420>



ENCHANTÉ

Once upon a time there was "once upon a time"
That was said and repeated so many times... that at the end it
became reality... Jorge Bucay (free translation)

"Enchanté" is a piece about the "marmot day" in standalone episodes, based on associative reflections that anyone does while meeting a person for the first time. Beginning is always a handshake, a man and a woman repetitively redefine their relationship in a trip with one point of departure and several arrival destinations.

Enchanté is an alternative piece with unconventional choreographic composition that challenges the performers to interact with their own polymorphic personalities, leaving any existing limitations behind.

Choreography Natasa Frantzi

Performers Natasa Frantzi, Apostolos Kousinas

Set & Lighting Design Alex Kros

Production La Verità Dance Company (BE)

With the support Dance Cultural Center (GR)

Video Teaser

<https://vimeo.com/640867364>





OMNE + TRIUM = QUATRUM

Inspired by the latin principle 'Omne Trium Perfectum' (everything that comes in 3 is perfect), the piece questions about the definition of perfection. Determining "the Vitruvian Man" of Leonardo Da Vinci as objective perfection, concerning the Canon of Proportions of the human body, we present what happens if we look inside the details of this image, reversing the level and the dimension of it.

The absolute harmony of the body will be transformed into a primitive imaginary nature, drawn from our animal instincts, where man understands his real freedom. Balancing between the architecture of perfect proportions and the creation of virtual illusions, a struggle arises between the two different assumptions of the definition of perfection.

Choreography Alex Kros

Perormers Natasa Frantzi, Astrid Sweeney

Set Design Paraskevi Hionidou

Music Composition Raoul Noplay

Lighting Design Alex Kros

Production La Verità Dance Company (BE)

Co-Production CCN Roubaix (FR), La Barcarolle (FR),
Choreographisches Centrum Heidelberg (DE)

Video Teaser

<https://vimeo.com/300495331>

Ballet
du
Nord



ONE TO ONE

DANCE INCLUSIVE

In a world where diversity refers to one more social category, the discrimination between the humans in the frame of equality is more pronounced. "One to One" promotes the message of a community that supports the simple co-existence instead of labelling the people depending on their gender, race or abilities.

In this piece disability will not be the protagonist but the source of inspiration which offers alternative and exciting kinetic paths by reaching the boundaries of each own abilities.

Two women dancing as two independent units in the same universe, completing each other and through their connection they create one vibrant energy into the space. A dancing trip that proves that our personal limits are as high as we choose to set them to be.

Choreography Natasa Frantzi in collaboration with Irini Kourouvani

Performers Natasa Frantzi, Irini Kourouvani

Lighting Design Alex Kros

Production La Verità Dance Company (BE)

With the support Radar Mechelen (BE)







AYANT DEUX PÔLES

An audio-visual experience of a person's brain activity with bipolar disorder, is developed by two dancers through the accumulation and the repetition of the movement in an extremely rhythmical precision, as they embody this torturous function.

During a bipolar crisis, the extreme highs and lows caused by the mood swings are like a roller coaster that cannot be avoided, leaving no other choice except to obey them till the end of the storm.

In this infinite loop where the tension alternates unpredictably, this piece describes the interior situation of a brain that suffers from this disorder and is dedicated to all those who have no way to explain it.

Choreography Natasa Frantzi

Performers Natasa Frantzi, Boyana Boyadtzieva

Music Composition Alex Kros

Lighting Design Alex Kros

Production La Verità Dance Company (BE)

With the support Trois C-L Centre de Création Chorégraphique
Luxembourgeois (LU)



CURRICULUM VITAE

Curriculum Vitae is a piece about migration. Changing your country, changing life, changing yourself, is a painful process and at the same time a sort of Catharsis.

A variety of different feelings appear directly after the arrival in the new land: fear for the unknown, impatience for the new beginning but also guilts for all those things that are left behind.

Inspired by the personal experiences of the choreographer and the dancers, this creation speaks about the loneliness of a group of people that left from their countries for a hope, for a dream, for a better tomorrow.

Choreography Natasa Frantzi

Performers Anne Laure Dogot, Marcia Liu, Irini Tzanetoulakou
Alex Kyriakoulis, Natasa Frantzi

Music Composition Chris Christoffels & José Roland
Philippe Ledent, ARTONAUT at studio THINKTALK

Lighting Design Arne Lievens

Production La Verità Dance Company (BE)

Co - Production Scène Nationale Dunkerque (FR)

La Barcarolle Centre Culturel(FR)

Choreographisches Centrum Heidelberg (DE)

With the support Studio Hybrid - Bud Blumenthal (BE),
Studio THINKTALK (BE)

Video Teaser

<https://vimeo.com/99552087>





BEHIND THE BODY

Space, time and different qualities are some of the basic elements of a choreographic composition according to the book of Doris Humphrey "The art of making dances".

The idea is to reduce all the complementary elements such as music and lights by letting the movement play the most essential role. A minimalistic contemporary dance duet, focused on the non-verbal communication, that through the physicality of the dancers, everyone has the freedom to create his own dramaturgy.

Choreography Natasa Frantzi, Alex Kros

Performers Alex Kros, Natasa Frantzi

Music Composition Karina Rubi

Production La Verità Dance Company (BE)

Co - Production La Barcarolle Centre Culturel(FR)

With the support Culture Centrum De Kollebloem (BE)

Video Teaser

<https://vimeo.com/146548196>



Commissioned Choreographies



A sacrifice for the spring that will never come back
Le Sacre du printemps

A commission by the Conservatorium Mechelen (BE)

Choreography Natasa Frantzi

Performers Anais Van Eycken, Giada Castioni, Kevin Franc, Jenneke Slaets, Natasa Frantzi

Conductor Tom Van Den Eynde

Music Igor Strawinsky

Pianists Alexandros Sarakenidis, Carla Van Effeltair, Peggy Jordens, Connie Van den Bergh

Percussionnists Nik Goovaerts, Joris Thys

With the support De Vrienden van het Conservatorium Mechelen vzw (BE)



Planets

A commission by the Conservatorium Mechelen (BE)

Choreography Aex Kros

Performers Anais Van Eycken, Giada Castioni, Kevin Franc, Jenneke Slaets, Natasa Frantzi

Conductor Tom Van Den Eynde

Music Vladimir Martinov

Pianists Alexandros Sarakenidis, Carla Van Effeltair, Peggy Jordens, Connie Van den Bergh

With the support De Vrienden van het Conservatorium Mechelen vzw (BE)



Chansons De Fou

A commission by the composer Jan Van Landeghem (BE)

Choreography Alex Kros

Performers Anais Van Eycken, Giada Castioni, Kevin Franc, Natasa Frantzi

Music Jan Van Landeghem

Musicians Jan Van Landeghem / Orgel, Emilie De Voght / Sopraan, Jenny Spanoghe / Viool en Altviool, Landini strijkkwartet, Herwig Coryn / Cello

With the support Conservatoire de Malines (BE)

Commissioned Choreographies



Danse mon amour

A commission by the Ballet Du Nord Ecole (FR)

Choreography Natasa Frantzi, Alex Kros

Performers Dancers from the Ballet Du Nord Ecole

Music Ezio Bosso

With the support CCN Roubaix (FR)



EDUCATIONAL PROJECTS



Alongside their creations and performances, "La Verità" has a great experience in the frame of education. They consider it as an essential part of their actions, the education and the dissemination of dance, towards a broader scope, for both professional and amateur dancers.

Both artistic directors, with more than 15 years of experience as teachers, are dedicated to the dissemination of the art of dance. They strongly believe that "Dance is a language beyond words, just let the body free to express its truth."

Their training programs are addressed not only for professional dancers but also for people who have the desire to work with their bodies, people of all ages, experience and abilities (disabled, children, elderly).

They worked on educational projects in primary and secondary schools organized by CCN Roubaix (FR), Scène Nationale de Dunkerque (FR), Le Gymnase CDCN, (FR), La Barcarolle EPCC (FR), and they have also given choreographic workshops to professional dance schools, such as P.A.R.T.S. in Brussels, CND in Lyon, ACTS Professional Dance School in Paris, Balletto di Roma in Italy.

Thanks to their knowledge in different dance techniques, they offer a range of various courses / workshops depending on the needs of each project:



PROJECT 1:
Contemporary Dance (neoclassique) / Répertoire by Alex Kros

Refers to professional dancers, students of professional dance schools, companies and studios.

- 2 hours (minimum) introduction to Alex Kros personal method and vocabulary.

PROJECT 2:
Contemporary Dance / Répertoire by Natasa Frantzi

Refers to professional dancers, students of professional dance schools, companies and studios.

- 2 hours (minimum) contemporary dance technique classes inspired by Limon and Release technique together with Natasa's personal style and repertoire

PROJECT 3:
Company Répertoire by Alex Kros and Natasa Frantzi

Refers to professional dancers, students of professional dance schools, companies and studios.

- 3 hours (minimum) in-depth knowledge of one the company's repertoire.



PROJECT 4:
"Mix & Match" Improvisation / Instant Composition / Inclusive Dance by Natasa Frantzi

Open to all levels, amateurs, professionals, children, disabled, elderly.

- 2 hours (minimum) workshop on Improvisation and Instant Composition.

PROJECT 5:
Contact Improvisation / Partnering by Alex Kros and Natasa Frantzi

Refers to professional dancers, people with experience in Improvisation technique, students of professional dance schools, companies and studios.

2 hours (minimum) in Contact Improvisation dance technique

Meeting with the audience

After a performance or an educational program, we organize a meeting between the audience or participants with the artists. An open discussion where we can speak about our work, methods of choreographies and techniques and explain all creative processes. This is an ideal opportunity to communicate with our public and at the same time give them the opportunity to ask questions and share with us their feedback.

Performers



Kevin Franc

Kevin began his training by joining the classical dance course at the Bobigny conservatory under the direction of Omar Taïbi. He subsequently joined the classes of Françoise Legré at the Montreuil conservatory where he obtained his Diploma of Choreographic Studies. Kevin leaves for New York to enrich himself and continue his training, he meets Max Stone there who introduces him to contemporary dance and then he leaves for Israel to train at the Kibbutz company. In Paris, he joined the company of Japanese choreographer Ko Murobushi and he also danced for Ricardo Rozzo in Switzerland. Being invited by Lauren Carey to Florida, he danced during the opening of her company's season in February 2019. In France, Kevin works among others with Laetitia Arnaud, Eva Alonzo, and Hugo Mahut. Since 2021 Kevin has been working in Germany with Smadar Goshen and Backsteinhaus Produktion. Beyond his career as a performer, he is artistic director of the company AIRBAG SAFETY. Since 2017 he has been a member of La Verità dance company.



Astrid Sweeney

Née à Copenhague, au Danemark, Astrid Sweeney est une danseuse et chorégraphe qui s'est formée à la Rambert School of Ballet and Contemporary Dance de Londres. Elle a ensuite rejoint le Scottish Dance Theatre en 2015. Elle a depuis travaillé avec Iván Pérez, La Verità Dance Company, Luke Murphy ou encore Eastman et fait ainsi partie de divers projets en tant que freelance. Par ailleurs, en 2019 Astrid Sweeney apparaît dans ANIMA, un court métrage réalisé par Paul Thomas Anderson. Puis, en 2020, elle collabore avec le chorégraphe belge Alexander Vantournhout dans la création du spectacle Épaulette. Elle a également participé à la création et à la tournée de Planet Wanderer, produit par le théâtre de Chaillot à Paris et chorégraphié par Damien Jalet.



Giada Castioni

Giada Castioni est une danseuse, performeuse et créatrice italienne basée à Bruxelles. Elle a étudié au Conservatoire royal d'Anvers où elle a obtenu son diplôme dans le département de danse contemporaine en 2014. En 2019, elle rejoint Voetvolk/ Lisbeth Gruwez pour la pièce The Sea Within. En 2021/2022, elle rejoint la compagnie Thör/ Thierry Smits pour les pièces Summertime et Toumaï. Elle a travaillé avec la Compagnia Virgilio Sieni (2015), Solo Conversations Dance Collective (2016), Moonstein Cie (2015-2018), La Verità Dance Company (2017, 2019). En 2020, elle rejoint la création Jardin Poilu de Francesca Chiodi Latini. Depuis 2014, elle collabore avec le musicien Thomas Jillings, avec qui elle crée le solo de danse Goodbye Princess.

Performers



Irimi Kourouvani

Irimi born in Greece, dancer, graduate of the Department of Political Science of the Kapodistrian University of Athens, champion in athletics, weightlifting and sailing, with important distinctions. She was born with a rare disability of the lower limbs called arthrogryposis and in 1992 she was awarded by the Academy of Athens for her optimistic way of facing life despite the difficulties of her disability.

As a dancer she has collaborated with groups and choreographers such as: VSArts Hellas, Lathos Kinisi, Quasistellar, Ermira Goro, Lia Haraki, Sophie Bulbulyan and others. Nowadays she collaborates with the inclusive dance group Ison in Greece, with La Verita dance company in Belgium and with Compagnie DK-BEL in France.

Since 2015, he has been collaborating with the Olympic Truce within the school program 'I respect diversity'.



Boyana Boyadzieva

Urban dancer from Bulgaria, she trained in popping and locking with Mike Alvarez, lyrical hip hop and breakdancing with Tom Brewee and contemporary dance, ballet, improvisation with P. Stoykova, V. Grudev, P. Popova and N. Doncheva. She danced in several productions of the company "Dune" and "Forsythe" in Bulgaria. In Belgium, she collaborated with the Dance center "I believe", the junior company "Terpsichore", "2step dance company", Caroline le Noane, Mike Alvarez, Zhana Pencheva and also she participated in productions such as: 'Histoire of fame', 'Between heaven and hell', '4 elements', 'The factory', 'Warmly'. She has been a member of La Verita dance company since 2016.



Anais Van Eycken

Anais Van Eycken est une danseuse contemporaine professionnelle, chorégraphe et professeur de danse.

À l'âge de 14 ans, elle commence sa formation de danse contemporaine à De Kunsthumaniora à Wilrijk. Ensuite, elle a été acceptée à l'école de danse P.A.R.T.S. à Bruxelles où pendant ses études elle a dansé des pièces du répertoire de Rosas, Trisha Brown, William Forsythe et Ultima Vez. Puis, elle a collaboré avec diverses compagnies internationales comme Insieme Irreali, La Verità Dance Company et Britta Lieberknecht & Company. Depuis 2016, elle est membre de la Compagnie Irene K.

Performers



Jenneke Slaets

Jenneke Slaets is a 26-year-old dancer raised in Hove (BE) where she started dancing at a young age. She developed her skills at De Kunsthumaniora in Wilrijk where she graduated in 2014.

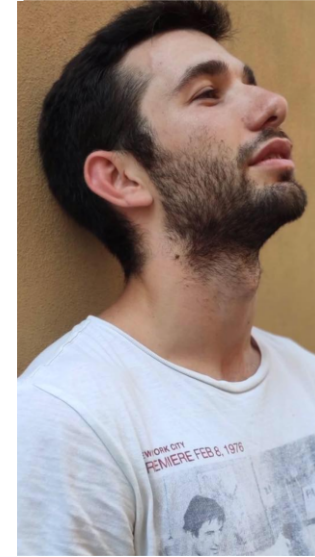
After this training she moved to Leeds (UK) to get her bachelor degree in contemporary dance at The Northern School of Contemporary Dance. In 2018 Jenneke danced along in 'Le Massacre du Tympan' a collaboration between La Verita dance company and Conservatorium Mechelen. Jenneke graduated in 2020 as Master in Theatre and Film Studies at the University of Antwerp.

Meanwhile, she conducts research, as part of the Master in Dance program at the Royal Conservatory of Antwerp, on the embodiment of time and audience participation. In addition to this study, Jenneke continues to develop her artistry and deepen her knowledge as a dancer, maker, dramaturg and teacher in the broad field of performance. In 2018, Jenneke danced with La Verità Dance Company.



Irini Tzanetoulakou

Irini is a Greek multidisciplinary artist, singer and actress based in Belgium since 2016. She has a master's degree in classical singing from the University of Arts in Utrecht and a bachelor's degree in theater and dramatic interpretation by the Contemporary Theater in Athens under the direction of Yorgos Kimoulis. Beyond her studies, she also has a bachelor's degree in Biology from the University of Patra in Greece. In 2010, she traveled to Holland and participated in opera productions with artists such as: Alkinos Tsilimidos, Floris Visser, Javier López Piñón, Hoite Pruiksma, Alexander Oliver, Gilbert den Broeder, Jorge Balça, Erik van Duijvenbode, Felipe Ignacio Noriega, Kate Moore. As an actress, she has collaborated with directors and choreographers like A. Stellatou, M.Marmarinos, A.Vassiliev, B. Theodoropoulos, Y.Kakleas and M.Nestora.



Apostolos Kousinas

Dancer, actor and performer, graduate of the National Ballet school in Greece and holder of a bachelor's degree in education and sports science. In 2019 he was selected for the "Agoda Coaching" project in Italy.

He danced choreographies and repertoires of Dafnis Kokkinos (Pina Bausch), Konstantinos Rigos (Greek National Opera), "Les danseurs du Nord" (GR), Apostolia Papadamaki (Quasistellar), Skourletis, Navridis and others. Since 2021, he is working with La Verità dance company.

Collaborateurs

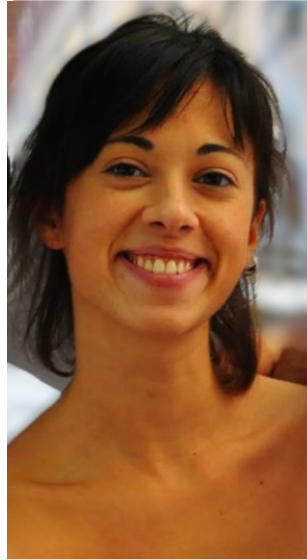


Dionisis Sidirokastritis

**Vidéo Création /
Vidéo Mapping /
Composition Musicale**

Born in Athens, visual artist, holder of a Master's degree in Digital Arts from the University of Fine Arts in Greece, trained in music and saxophone at the Athens Conservatory. Since 2004, his main occupation has been the creation of audio-visual installations and musical compositions in live shows which interact in direct way with the performers and the atmosphere on stage. Dionysis is using cameras, microphones and musical instruments to produce natural or artificial images and sounds.

He has collaborated with various artists such as directors, choreographers, musicians, visual artists and his work has been presented in theatres, galleries, conservatories and major stages and festivals such as: Athens Festival (GR), Greek National Theater (GR), "Megaron" the Athens Concert Hall (GR), Onassis Cultural Center (GR), Festival Scènes d'Europe, Reims (FR), Desingel (BE).



Paraskevi Hionidou

Architecte

Architect, scenographer and decorator graduated from the Greek University of Architecture with training in lighting specialties under the direction of S.Birbilis and A.Politakis.

She works as a freelancer on architectural projects as well as artistic creations of dance and theater. With La Verita, she collaborated on the production "Omne + Trium = Quatrum" where she was responsible for the total construction of the scenery.

Calendar

2011

- 30.07.2011** Pro Art Festival, Prague, Czech - Zero
13.06.2011 Tanzart-Ostwest Festival, Giessen, Germany - Zero

2012

- 03.11.2012** CC De Kollebloem, Puurs, Belgium - Zero
04.08.2012 Pro art Festival, Prague, Czech - Behind the body
25.05.2012 Tanzart-Ostwest Festival, Giessen, Germany - Behind the body
18.03.2012 Dimance Rouge, Paris, France - Zero
03.02.2012 Trois C-L, Luxembourg - Zero

2013

- 28.11.2013** MSDH Jerusalem, Israel - Behind the body
07.11.2013 Theater im Pfalzbau (No Ballet) Ludwigshafen, Germany - Behind the body
31.10.2013 Theater am gleis Winterthur, Switzerland - Behind the body
13.10.2013 Dance Waves festival 2013, Cyprus - Zero
10.10.2013 La Becque'e Festival Europeen Brest, France - Behind the body
05.10.2013 CC De Kollebloem, Puurs, Belgium - Behind the body
12.06.2013 Festival Mais Va-T-On? Flechin, France - Behind the body
19.05.2013 Tanzart-Ostwest Festival, Giessen, Germany - Behind the body

2014

- 07.10.2014** Mary Hall Seoul, Korea - Behind the body
27.07.2014 Artort 14 Heidelberg, Germany - Behind the body
26.07.2014 Artort 14 Heidelberg, Germany - Behind the body
28.06.2014 Choreographisches Centrum Heidelberg, Germany - Behind the body
08.06.2014 Tanzart-Ostwest Festival, Giessen, Germany - Behind the body
03.06.2014 Trois C-L, Luxembourg - Behind the body
23.05.2014 Tanz Platform Bern, Switzerland - Behind the body
22.05.2014 Tanz Platform Bern, Switzerland - Behind the body

Calendar

2015

- 17.11.2015** Centre Culturel Balavoine, France - Behind the body
- 10.10.2015** Perform-now Festival Winterthur, Switzerland - Behind the body
- 09.10.2015** Perform-now Festival Winterthur, Switzerland - Behind the body
- 29.09.2015** Feria Internacional De Teatro Y Danza Huesca, Spain - Behind the body
- 26.09.2015** Sperimentale Theatre Pesaro "Essere Creativo 2015", Italy - Behind the body
- 04.07.2015** Festival des jeunes choregraphes Voreppe, France - Behind the body
- 02.07.2015** Theaterhaus Tor 6 - Tanzfestival Bielefeld, Germany - Behind the body
- 29.04.2015** Centre Culturel Balavoine, France - Behind the body

2016

- 28.10.2016** La Barcarolle Centre Culturel, France - Curriculum Vitae (work in progress)
- 21.09.2016** Breathing Space / Graig Bourgoyne, Arques France
- 31.05.2016** Scene Nationale Dunkerque Le Bateau Feu, L'avant-scene, France- Curriculum Vitae (work in progress)
- 29.04.2016** 25th International Dance Week Dresden, Germany - Behind the body
- 28.04.2016** 25th International Dance Week Dresden, Germany - Behind the body

2017

- 11.10.2017** Laken Church, Belgium - Chansons De Fou
- 06.10.2017** Sint Niklaas Church, Belgium - Chansons De Fou
- 30.09.2017** St.Amands Church, Belgium - Chansons De Fou
- 09.09.2017** Coastal Currents Art Festival Hastings, UK - Curriculum Vitae (site specific duet version)
- 17.03.2017** Salle Dany Boon Bray-Dunes, France - Curriculum Vitae
- 03.02.2017** La Barcarolle Centre Culturel, France - Curriculum Vitae

2018

- 03.11.2018** TROIS C-L Centre de Création Chorégraphique Luxembourgeois - Ayant Deux Pôles
- 13.10.2018** Dance Loft Aachen, Germany - Curriculum Vitae (duet version)
- 10.06.2018** Arena Festival, Germany - Curriculum Vitae (duet version)
- 09.06.2018** Arena Festival, Germany - Curriculum Vitae (duet version)

Calendar

2018

- 22.04.2018** Tanzwoche Festival, Dresden - Curriculum Vitae (duet version)
21.04.2018 Tanzwoche Festival, Dresden - Curriculum Vitae (duet version)
20.04.2018 Tanzwoche Festival, Dresden - Curriculum Vitae (duet version)

2019

- 07.12.2019** Culture Centrum Sint Niklaas, Belgium - Omne + Trium = Quatrum
24.10.2019 Théâtre de l'Arsenal, France - Ayant Deux Pôles
28.06.2019 Rotterdam International Duet Choreography Competition - Ayant Deux Pôles
27.04.2019 Culture Centrum Ter Dilft, Belgium - Omne + Trium = Quatrum
25.04.2019 Tanz Woche Festival Dresden, Germany - Omne + Trium = Quatrum
24.04.2019 Tanz Woche Festival Dresden, Germany - Omne + Trium = Quatrum
24.03.2019 Culture Centrum Mechelen, Belgium - Le Massacre du Tympan
23.03.2019 Culture Centrum Mechelen, Belgium - Le Massacre du Tympan
22.03.2019 Culture Centrum Mechelen, Belgium - Le Massacre du Tympan
21.03.2019 Culture Centrum Mechelen, Belgium - Le Massacre du Tympan
01.03.2019 Centre Culturel Balavoine, France - Omne + Trium = Quatrum
11.01.2019 Théâtre Douze / Mouvement Contemporain - Ayant Deux Pôles

2020

- 13.03.2020** Korzo Theater, Netherlands - Omne + Trium = Quatrum

2021

- 14.11.2021** Dance Waves Festival Nicosia, Cyprus - Enchanté
29.09.2021 Outside in Festival, Belgium - Under Pressure
25.09.2021 Auf dem sprung Festival Aachen, Germany - Enchanté
30.05.2021 Arc For Dance Festival, Greece - Dare to be together
30.05.2021 Arc For Dance Festival, Greece - Enchanté

Calendar

2022

17.12.2022	Theater am Gleis, Switzerland - Under Pressure
11.11.2022	De Singel, Belgium - Observer/ Residency Presentation
10.11.2022	De Singel, Belgium - Observer/ Residency Presentation
11.06.2022	Tour Du Nord Festival Aachen, Germany - Enchanté
11.06.2022	Tour Du Nord Festival Aachen, Germany - Curriculum Vitae
16.05.2022	Colisée Roubaix, France - Danse mon amour
15.05.2022	Colisée Roubaix, France - Danse mon amour
14.05.2022	Colisée Roubaix, France - Danse mon amour
16.04.2022	Parola Festival, Belgium - Under Pressure
22.01.2022	CC Ter Dilft, Belgium - Under Pressure
06.01.2022	Korzo Theater, Netherlands - Under Pressure (Postponed)

2023

17.09.2023	Auf dem Sprung Festival, Germany - One to One
24.06.2023	De Singel, On Off Festival, Belgium - Observer
20.05.2023	Festival Cluny Danse - Enchanté
21.01.2023	Teatro das Figuras, Portugal - Under Pressure

2024

03.11.2024	Dance Waves Festival Nicosia, Cyprus - One to One
22.02.2024	De Singel international arts centre, Belgium / Residency Presentation
21.02.2024	De Singel international arts centre, Belgium / Residency Presentation
20.02.2024	De Singel international arts centre, Belgium / Residency Presentation

2025

30.01.2025	Teatro Das Figuras, Portugal - Observer
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PRESS

With “Behind the Body” Natasa Frantzi and Alex Kros performed one of the most consistent dance work. Both dancers are technically high skilled and use their dance qualities in an intelligent and sometimes humorous way. With a minimum of music and light they let in the first place speak the moving and dancing body.

KOEN AUGUSTIJNEN
les ballets c de la b (BE)

A super Belgian duo from the La Verità Dance Company! Finesse, refined and accomplished.

Festival La Becquée, Brest (FR)

“I had the pleasure of seeing this piece, a contemporary masterpiece - and I rarely say that. An ode to our times, to the dislocation caused by the freefall of civil society, the rules set by invisible, cultural forces and the loss of a 'higher purpose'. Technical and artistic prowess of Natasa Frantzi and the beautiful set, lighting, visuals and sound by Alex Kros making for a gripping performance. Not to be missed wherever you are.

ISIRA MAKULOLUWE
Dance Journalist (UK)

The Greek-Belgian duo La Verità Dance from Brussels, with “Behind the body” was impressive.

Their dance style develops from minimal movements and turns into amazing ones. Jumpings and lifts are leading with a supple and powerful lightness.

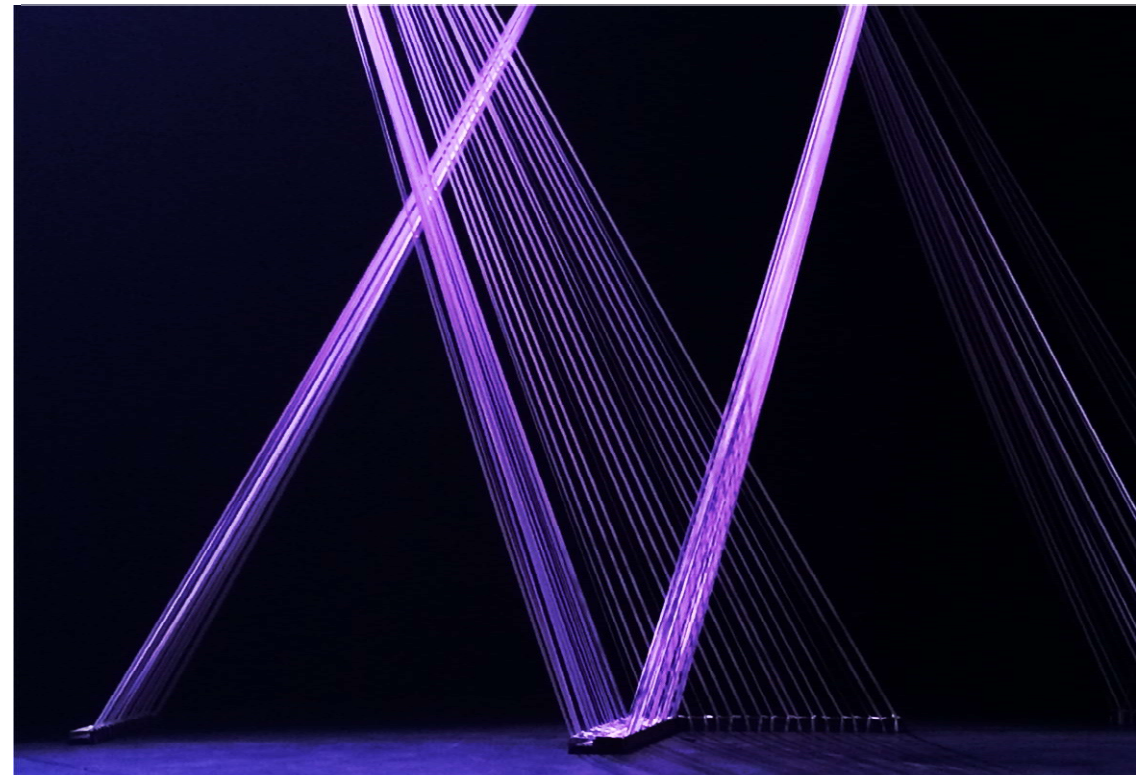
DAGMAR KLEIN
Tanznetz (DE)

The highlight of the evening is called La Verità dance company.... Although it is still under construction, the performance already promises to be an artistic project not to be missed.

MATHIEU SCHELLENBERGER
3 du Trois (LU)

When the passion of the duo La verità dance spread to the audience, thunderous applause was the result.

RAPHAEL EBLER
Redaktion MRN-News (DE)



CONTACT

LA VERITÀ DANCE COMPANY

Aristic Directors

Alex Kros (Kyriakoulis) / Natasa Frantzi

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